



Community Resilience Consultation

Monday 13th January

Mold rugby club 6:30pm-8:30pm

Throughout this presentation we have summarised the issues raised by those who attended the consultation:

- Problems will be in **PINK**
- Solutions will be in **YELLOW**

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Solutions will be in **YELLOW**

Disability/Social Care

- Lack of information, support, and advice
- Segregation, lack of toilets and facilities in our communities
- Provisions not suitable
- Access to services
- Trained people - similar to citizen advice, to help with forms etc
- Forget about services and build inclusive communities
- Look at ability for and interest connecting people
- How we view 'disability' needs to change
- Better, more effective, safer, pain management strategies
- Community Care Act requires Local Authorities to publish information regarding services
- Alternative provision for people

Problems will be in **PINK**
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Environment (including engagement with it)

- Lack of accessible spaces
- Supermarkets and corporations
- People are disconnected from the outdoors / conditioned not to go out in bad weather
- Small and local is beautiful
- Grow your own and share any extra
- Campaign and reuse plastic to force the change
- Get outside more – make outside accessible
- Making/performing sited work around a variety of issues
- It is political
- People feel disconnected from the environment
- We are not educated to understand and value our eco system
- Its not about saving the planet, its about saving ourselves! All the other species that share our environment and are vital to our sustainability

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Mental Health (lost hope in themselves, YOUTH)

- **Silence and Stigma**
- **lack of support**
- **HUMAN AGENDA**
- **Lack of out of hours support and crisis intervention**
- **People against electroconvulsive therapy and outdated knowledge about the treatment leading to belittling of patients who receive it**

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Mental Health (lost hope in themselves, YOUTH)

- More support workers? Volunteers buddy, buddy system
- Dispel outdated beliefs and educate people about the treatment, its effects and improvement of people's mental health in the right circumstances
- Develop crisis centers in the communities to reduce the strain on the NHS. Bring different agencies and authorities together
- Be kind and offer assistance to people who are struggling
- Lose political correctness to open discussion about MH issues to lose the stigma
- Success breeds confidence – confidence breeds positivity – positivity breeds hope – hope breeds health
- Mitigation of mental health issues in the community
- Build up resilience in communities
- New social model ethos VR. Or actual small community project (eco village type)

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Education / Permanent Exclusion Alternative provision

- Social media addiction
- Lack of parental engagement
- Lack of and decline in funding
- Lack of funding even for basic provisions (I know a teacher who has to supply her own books/material)
- Hungry children
- Not everyone learns the same way
- Poverty
- Forcing children to go down the FE/university route rather than “trades”
- Pressures to achieve all the time cause anxiety
- Cost/class barriers to ‘Cultural Capital’
- Need a range of goals that are relevant to ALL young people

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Education / Permanent Exclusion Alternative provision

- Better recognition of psychological needs
- Back to basics learn first before technology
- Do we need technology , can we go back to basics
- Take advantage of the fruit for free in supermarkets
- Develop people not just exams. Hurray for new 2022 curriculum
- Understanding that theories are not facts and that there are actual facts. closed Information closes curiosity for desire to explore
- More emphasis on learning languages and research rather than being fed information
- Get outside more
- Encouraging a new narrative around who the arts belongs too / who they're for
- Look at behaviours and why they are excluded
- The use of the arts to encourage critical thinking / thinking outside the box
- Remove league tables, Allow teachers to teach and not get bogged down with admin etc
- Mixes age group experience sharing, so one issues seem shared from different perspectives

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Community Cohesion/ Social Inclusion

- **No 'REAL' community**
- **Lack of public transport**
- **Busses – costly and not reliable**
- **No activities or centre for young people**
- **Too much schoolwork**
- **people not being bothered to get out and get away from Netflix etc**
- **Rural Isolations and depletion of facilities e.g. pubs**

- **Community support officers are good**
- **Good church community**
- **Bring people really back together**
- **More group work**
- **Council advisory groups with representatives from different communities (young people, ethnic communities etc)**
- **Advisory groups community councils round tables is the public welcome?**
- **Cultural competency training delivered by community members**
- **Bring back youth clubs properly run**
- **Don't be afraid to chat on the bus/train/in line at the till SMILE**
- **Round Robin (RR) Groups – RR is when each member of the group takes a turn on providing the meal. Benefit = companionship learning new menu**

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Poverty / Homelessness

- **Widespread stereotypes of those in poverty / demonization of those on benefits**
- **Energy utilities**
- **Council tax**
- **Universal credit – 5 week waiting**
- **Social Isolation and community breakdown**
- **The whole system is broken**
- **Zero hours contracts**
- **Hunger and food banks at all levels**
- **Lack of financial education / budgeting, dept**

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Poverty / Homelessness

- Destigmatise poverty and hold media to account for lambasting the poor
- It is political
- Community energy schemes
- Fairer pay for different jobs like cleaners
- Stop comparing with others perceived 'richness'
- People need to remember they hold the power = how much would you sell the last hour of your life for?
- Living wage?
- Petition the big businesses to share their stuff! (pay tax as well)
- Campaign with MP's to hold them accountable for the wellbeing for their communities less able
- Education about money management e.g. start in schools with old type 'Domestic Science' e.g. how 'shopping around can reduce costs'
- Full free broad band
- Lower house prices
- Increase social housing
- Free school meals – free meals for elderly
- Stop over – paying people
- Bring back free milk in schools
- call out excessive wealth and make sharing the way forward
- Make corporations pay their share
- Build more houses
- Sharing food as a norm and time
- Recreate clans to protect communities